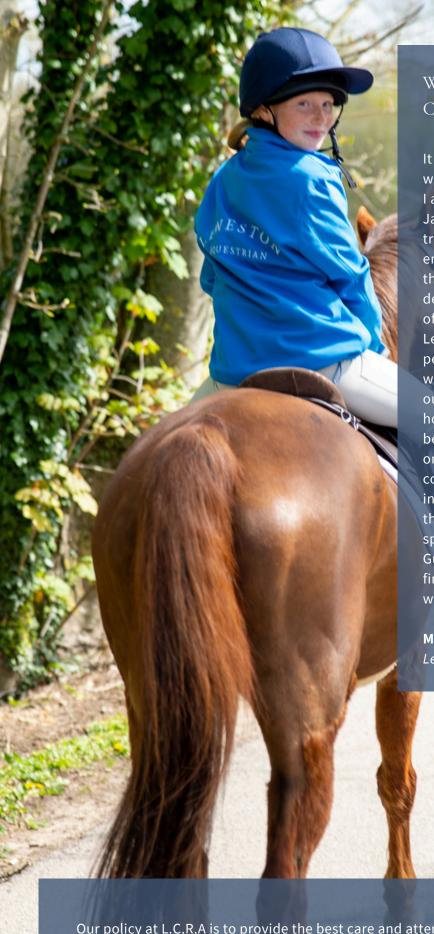


LEWESTON

SHERBORNE

EQUESTRIAN HANDBOOK 2024





WELCOME TO THE LEWESTON CHEDINGTON RIDING ACADEMY

It is with great pleasure that I write these few words as they are the realisation of an idea that I and a friend had back in the period of COVID in January 2021. The school has such a fantastic tradition of equestrian success and it seemed entirely reasonable that with such a record there ought to be somewhere onsite for the development of our riders and the introduction of future generations to this superb sport. Leweston exists to educate and to inform young people about the world around them and it is without a doubt that this should extend to outside the close confines of the classroom. It is hoped that many pupils and staff will enjoy being around animals and learn that we are put on this earth as stewards and not just consumers. It has been a great privilege to be involved in the project and my thanks go to all those whose hard work has made it a reality. A special thanks must be reserved for Dr and Mrs Guy, without whose support, advice and financial commitment this riding academy would have been impossible.

Mr John Paget-Tomlinson
Leweston School Headmaster

Our policy at L.C.R.A is to provide the best care and attention to all our horses, valuing their welfare, health and happiness. We expect our staff to be knowledgeable, friendly and conscientious and our students to be polite, kind and respectful.

All of our Agreements can be found on our website.

STAFF AND PROFESSIONAL SUPPORT



Lorraine Roberts Director Of Riding Academy

Lorraine has been involved with horses all her life (starting as a working pupil for her Aunt, before she could walk!). She has extensive horse care knowledge and has been an accomplished, well-respected accredited Pony Coach for over 35 years, and is passionate about teaching children to ride, care for, and understand their horse. From the early days of her career, when she produced young horses for eventing, show jumping and dressage to mentoring her own daughters, and the children of families she has worked for to success at national and international level. Lorraine has more recently led Leweston riders to numerous achievements and our riding team hold many national team and individual titles.



Kieran Higson Senior Yard Manager

Kieran (BHS Stage 3) brings with him a wealth of experience of managing a busy yard in a school setting. Kieran trained at Wellington Riding Centre before working as rider and groom for David Doel Eventing. Although enjoying his competing, Kieran decided Coaching and Yard Management was the way forward, he is now working towards his Full BHS Stage 4 and has recently bought a young horse to produce. Kieran is a dedicated coach who enjoys being part of his students' progress with a special interest in delivering a Wellbeing programme such as Changing Lives Through Horses.



Sophie Underwood BTEC Teacher

Horses have been a constant thread throughout Sophie's life. From a young age, she spent hours in the saddle, rising through the ranks of the Pony Club. She competed at the Horse of the Year Show, winning the Prince Philip Cup and gaining recognition for her riding skills with a nomination to ride for Great Britain. After leaving university, Sophie pursued a career in journalism securing a scholarship to write for "Your Horse" magazine. This opportunity allowed her to collaborate with equestrian figures like Carl Hester and William Fox-Pitt. She also contributed to the development of "Your Horse Live," a major event in the equestrian world. 18 years ago, she embarked on a path to become a teacher. Her journey has been diverse, encompassing teaching and leadership roles in New Zealand, consultancy work for the University of Auckland, and acting as the head of a school in Hampshire.



Rebecca Slater BTEC Teacher

Having been fortunate enough to have grown up around horses and competing for the Pony Club, at 18 Rebecca backed and brought on a yearling which she competed up to Intermediate level in Eventing. Rebecca enjoyed several years working on Eventing yards in the UK and NZ, as well as working as a Polo groom. Instructing for the Pony Club for many years, Rebecca now enjoys taking her own children to Pony Club rallies. Currently working in the IN and English department at Leweston, she looks forward to combining this passion for horses with being a part of the teaching team for BTEC Equine Management.

STAFF AND PROFESSIONAL SUPPORT



Nana Dalton Coach

Nana started in pony club and then progressed eventing through the youth system representing GB at Young Rider European Eventing Championships in 1999 and 2000, winning a team silver medal. She continued professionally with much success at International level, numerous competitions at Badminton/Burghley (including on a homebred horse) and represented GB on Nations Cup teams (winning individually in Belgium in 2015), was reserve for European Championships and listed for Rio Olympics. Nana has specialised in producing and training many young horses to top level and throughout her career has trained with the worlds best coaches alongside coaching others. She took a step back from competing full time in 2020 and is now focusing on helping others train correct foundations to help them fulfil their ambitions and enjoy their equine journeys. Mum of Toby, a student at Leweston, Nana is currently producing and competing a third generation homebred horse.



Millie Vickery Coach

Millie, a seasoned and devoted instructor, is recognised as a British Horse Society Accredited Professional Coach and an affiliated British Eventing Coach. She participated in the GB Coach Pathway programme under the guidance of Yogi Briesner and had the opportunity to train alongside accomplished individuals like Pippa Funnell and Carl Hester. Millie has taught Equine NVQ courses at Kingston Maurward College and has competed at the 5* level in eventing with different horses. Her passion lies in educating riders on understanding their horses to maximise their potential, and considers it a crucial life skill.



Emma Fisher Coach and Sports Psychologist Emma has competed Internationally in three sports (athletics, eventing and triathlon). She holds a degree in Sports Science and Psychology, a masters in Psychology, Level 3 Coaching Award, and recently received the Centre 10 Gold Award for Excellence in Coaching. Emma coached and developed the Irish Junior Eventing team for five years before being selected to coach, develop and lead the Great Britain Young Rider Eventing team as Chef d'Equipe (with many Bronze, Silver and Gold medals over her 14 years in post). Emma recently set up her own Mentoring and Coaching business, which supports athletes competing from equestrian grassroots to 5* level, Commonwealth Games and International athletics and clay pigeon shooting competitors. Emma feels strongly that progressing a coaching partnership with her riders is about communication, development, support and listening to the athlete so they can be confident, happy and inspired to reach their own specific goals.

STAFF AND PROFESSIONAL SUPPORT



Andy Reader-Smith Farrier

Andy Reader-Smith is originally from New Zealand, where he grew up on a dairy farm. He rode from a young age and progressed to riding bulls and bucking horses in rodeos, along with gaining a farrier qualification. Andy moved to the UK in the 90's to gain the UK DipWCF farrier qualification followed by the higher AWCF qualification along with being an Approved Training Farrier. He spent two years shoeing in Germany and riding dressage horses. After coming back to the UK he became a Worshipful Company of Farriers Judge and has judged all over the world, including at the World Championships. He enjoys competing in competitions which help to keep his skill levels up. His highlights being the World Championships in Calgary and Spruce Meadows, Canada. He has won many Best Shod Horse awards. In his everyday work he shoes everything from Shetlands to Shires.



Gibbs Marsh Veterinary Group

Gibbs Marsh Equine Veterinary was established in 2013 by Amanda O'Gorman. This practice has expanded to become a five-vet equine-only facility catering to a wide area in Dorset, treating a variety of patients ranging from leisure horses to Olympic team horses.



Alice Walker Award Equine Physio

Award Equine Physio was established by Alice 12 years ago. They offer physiotherapy services to the equestrian industry, encompassing equine physiotherapy, rider physiotherapy, and biomechanics. Serving a diverse clientele, ranging from 5* event riders and Grand Prix Show jumpers to casual riders and members of riding clubs, their services are customised to meet everyone's requirements.

Their dedication lies in enhancing the well-being of horses through education and delivering a service that aims to ensure each horse experiences maximum comfort while optimising performance.



Equine Dental Clinic

EDC stands as the leading and largest 100% veterinary specialist equine dental referral clinic in the UK, specialising in both advanced referral dental work and routine dentistry. The clinic in Wimborne St Giles, Dorset, houses three specialist vets who conduct advanced dental treatments, while other equine veterinary clinics throughout the UK also offer these services. Moreover, three vets provide routine dentistry services in the local region, serving areas such as Dorset, Hampshire, Wiltshire, Somerset, and Gloucestershire. All three vets are RCVS advanced practitioners in Equine Dentistry, ensuring horse owners receive comprehensive dental care for their horses.









If you have applied to loan a horse you will have an assessment with Mrs Roberts during the first week of term, following which you will be allocated a horse, if there is a suitable horse available.

Once you have been allocated a loan horse, you will be responsible for the care of this horse or pony during term time. You must help muck out, etc in the mornings and evenings and will be able to ride daily (max. 6 times a week). You must follow the Academy rules for riding your loan horse when riding and exercising it.

Saddlery, shoeing, vaccinations, vet's fees and worming costs will be covered by the school. Riding lessons will charged to school accounts.

If, for any reason, you are not able to come down to the yard to look after your horse you must email or text Mrs Roberts or the Yard Manager in advance.

If you and your horse are of a suitable standard, you will be able to take your horse to competitions. Transport and entry fees are charged to school accounts. We have a very limited number of loan horses available for competing, and would recommend that riders who are competitively ambitious bring their own horse.

Horsebox and Trailer Storage

Car park space is limited which means it is available on a first come first serve basis, storage of your vehicle may be available and a termly fee will be charged. You will also be required to complete a disclaimer.

Safeguarding

Please ensure your parents give adequate notice of horses and pupils leaving and returning from school, preferably by email. In order to ensure the welfare of pupils, access to the yard by anyone other than staff members, pupils, parents, and school approved farriers, vets, practitioners and instructors is restricted. Please see the separate guidelines on parents and family visiting.



Horse and Rider Clothing and Equipment

Please ensure all rider clothing and equipment is clearly labelled. Tack must be suitable, safe, clean and fit correctly. Tack will be inspected at the start of each term and if ill-fitting or in need of repair then owners will be asked to do this as soon as possible.

There is limited space for horse equipment. Please only bring what is necessary for the term. Rugs and head collars are the only items to be stored outside stables. All other equipment must be stored in the tack room cupboards. There are racks and pegs for tack. All equipment must be clearly named.

You must wear the correct uniform when you are on the yard (please see separate section for details). Please make sure you have enough spare uniform to allow for laundry.

Saddle Club

All users of the Riding Academy including the NSEA squad, pony care groups and general riding lessons will be members of the LCRA Saddle Club which is charged at £15 per year. The money raised from the Saddle Club membership will be used to support events, buy additional equipment and improve facilities.

Absence – Loaners and Liveries

If for any reason you are not able to come down to the yard please let Mrs Roberts, or Yard Staff, know in advance. If Leweston cares for the horse, your parents will be charged for this, so please make sure your parents are happy to pay before asking the yard.

Turnout

We believe in the importance of turning horses out and allowing them time to 'be a horse'. However, this can be subject to change and restrictions due to weather, ground conditions, pasture/field management preparation. Pupils will be informed of turnout timetables.



Riding kit required for liveries, training, studying and competing

We have collaborated with 'Horses With Attitude Clothing', to produce an comprehensive branded kit list for riders and horses. You will be able to order and purchase both our training and our competition kit online directly from them. HWA have collaborated with Premier Equine LTD who produce quality, affordable clothing and horse kit.

Dark Grey and Navy are our Academy riding kit colours and HWA have sourced a very good selection of clothing and sizes to choose from. Please note due to supply and demand HWA will only be taking Leweston orders during school holidays and delivery will be direct unless otherwise stated. Please be prompt with your orders as there will be deadlines. Autumn closing dates are before Sunday 11 August, Sunday 20 October, and Sunday 15 December 2024. Please see the link attached.

<u>Training, liveries and Riding Lesson (No hoodies/jewellery allowed on the Yard)</u>

Navy or Dark Grey jodhpurs

Navy or Grey base layer

Navy or Grey coat,

Tech Jacket, waistcoat, or long sleeved grey or navy jumper.

Jodhpur boots and chaps

British Standard riding hat (non-peak for XC)

Navy Leweston hat cover

2018 British Standard body protector (required

for XC jumping)

Gloves

Hairnet for long hair

Navy or Grey saddlecloth/numnah

Correctly fitting tack

Yard and Stable

No school uniform to be worn when mucking out Hat and gloves for all horse movement (turnout and any in-hand walking) Yard boots (to be left in the stables)

Waterproof coat

Competition Kit

Azure Team Jacket

White/Cream jodhpurs or breeches

Navy or Hacking Jacket

Jodhpur boots + chaps or long boots

Red or School tartan tie

White shirt

School Stock tie (optional)

XC Colours: white Leweston base layer and

white hat cover (red bobble)

British Standard riding hat (non-peak for XC)

Leweston navy hat cover (without bobble for

Dressage)

2018 British Standard body protector

(required for XC jumping)

Number bib

Gloves

Hairnet for long hair

White branded Leweston numnah/saddle

cloth

Branded Leweston Fly Fringe if required

Branded Leweston blue ¾ waterproof rug

Branded Leweston blue Fleece rub

Baton Whip

BTEC Students (no hoodies/or Jewellery allowed on the Yard)

Navy or Dark Grey Jodhpurs

Navy or Grey Base layer

Navy or Grey coat

Tech jacket, waistcoat, or long sleeved grey or

navy jumper.

Jodhpur boots and chaps

British Standard riding hat

Navy Leweston hat cover

Yard Boots

Gloves

Hairnet

Leweston blue Hi Vis vest

BTEC students are allowed to stay in their riding kit during their other lessons in school providing they are clean and dry. Muddy footwear must not be worn into school. There are changing facilities at the Academy for BTEC Students to use.

Order Kit Now



View Kit List





Feeding and Bedding

All feeds are made up and horses fed by a member of the yard staff. Feeding times are as follows:

Morning feed: 07:00Lunch feed: 12:30Evening feed: 19:30

A basic feed of fibre, nuts, and sugar beet is included within the Livery package, although you are welcome to use your own feed if you wish.

We use shavings as bedding. At the start of each term you will find your bed made ready for your horse. Over the course of the week you can add one additional bale of shavings to keep your horse comfortable.

Riding in Your Free Time

Loaners and liveries have the opportunity to ride in their free time after school and in their free periods during the school day (by arrangement with the Yard Manager and academic staff) and during yard opening times at weekends. All horses will have at least one day off a week.

Hacking will be undertaken with a member of the Academy staff escorting. Horses must not be ridden around the school grounds.

Jumping is not permitted unless you are in a lesson.

The lunge pen is only available to use under supervision unless the rider has their Pony Club Lunge Test certificate.

Extra Services

We can offer clipping and trimming services as follows:

- Trace clip
- Blanket clip
- Full clip (including legs)
- Mane pulling
- Tail pulling

The cost will be added to the school account at the end of term.





Yard Rules

Arena Rules

- Enter when permission has been given.
- Pass left hand to left hand.
- Avoid walking on the outside track once trotting has commenced.
- No halting on outside track.
- Give way to horses in canter.
- The gates to the arenas must always be closed when riding.
- All horse droppings must be picked up at the end of your riding session.
- All jumps and poles must be left as you found them
- Arena lights must be turned off at the end of the session.

Yard Rules

- Horses must always be tied up inside to be groomed, tacked up and mucked out.
- Maximum of two students allowed in a stable at one time.
- Horses must not be tied up outside their stables.
- Horses must be cross tied in the wash boxes and solariums.
- Tack must be cleaned after every use.
- The yard must be kept tidy and swept at all time.
- Horses should always be well groomed and never go into a lesson dirty.
- Feet must be picked out every time a horse leaves the stable and stable doors closed.
- Litter must be placed in the bins provided.
- String, sacks and plastics must be disposed off in the relevant recycling bins.
- There is no access to the feed room without permission.
- To prevent back injuries and to keep the yard tidy at all times, hay and bedding must always be carried in a wheelbarrow.
- All gates must be shut at all times including field gates, even if they were already open.
- Pupils must not ride another pupil's horse without permission.
- Pupils must always wear and hat and gloves when taking horses to and from the field.











Competitions

Training for competitions takes place throughout the term as part of weekly training sessions for the riding squad. This might also involve training with discipline specialists from outside of the school.

A list of competitions is available to riders each term. Team selection takes places well in advance of an event. Riders and their parents are informed of their selection by the Director of Riding. Transport to events is generally the responsibility of the rider and their parents but the school will help pupils who are not local and this is not possible to arrange.

Competition Levels

Grassroots (NSEA) Team and Individual from 40cm to 70cm Show Jumping and Dressage competitions this enables anyone aged between 4 and 18 to compete for their school as an introduction to competing.

Mini (NSEA) Team and Individual 70-75cm cm Show Jumping, Eventers Challenge, Jumping with Style and ODE.

Novice (NSEA) Team and Individual 80-85cm cm Show Jumping, Eventers Challenge, Jumping with Style and ODE.

Intermediate (NSEA) Team and Individual 90-95cm cm Show Jumping, Eventers Challenge, Jumping with Style and ODE

Open (NSEA) Team and Individual 1.05 - 1.10m Show Jumping, Arena Eventing, Jumping with Style and ODE.

Dressage (NSEA) Team and Individual Prelim, Novice and Elementary

Affiliated Competitions

British Eventing British Show Jumping British Dressage

Inter-school competitions

Dressage, show-jumping and arena eventing



EQUINE MANAGEMENT (BTEC Level 3) SIXTH FORM

Equine Management offers two different options to students: BTEC Level 3 Extended Certificate (Equivalent to one A Level) or BTEC Extended Diploma (Equivalent to three A Levels)

NATIONAL EXTENDED CERTIFICATE

This qualification offers an engaging programme to students who want a career in the equine sector. It can prepare learners for a range of apprenticeships in the equine sector. When taken alongside further qualifications, it supports progression to a range of higher education courses in equine management and other career choices. There are four mandatory units and you will choose one optional unit.

Mandatory Units:

- ·Unit 1 Equine Structure, Form and Function
- ·Unit 4 Work Experience in the Equine Sector
- ·Unit 5 Horse Tack, Equipment and Rugs
- ·Unit 6 Equine Health and Husbandry

NATIONAL EXTENDED DIPLOMA

This qualification is equivalent in size to three A Levels and will normally be the only qualification in a two-year study programme. This qualification will serve as preparation for a higher education course. This route gives learners the opportunity to enter the sector at a higher level, or in a more specialist role. There are nine mandatory units and six optional units.

Mandatory Units:

- ·Unit 1 Equine Structure, Form and Function
- ·Unit 2 Equine Diet and Nutrition
- ·Unit 3 Managing Equine Disease
- ·Unit 4 Work Experience in the Equine Sector
- ·Unit 5 Horse Tack, Equipment and Rugs
- ·Unit 6 Equine Health and Husbandry
- ·Unit 7 Preparation and Presentation for Competition Disciplines
- ·Unit 8 Equine Behaviour
- ·Unit 9 Managing an Equine Yard

Optional Units might be chosen from these:

- ·Unit 10 Equine Business Management
- ·Unit 11 Horse Fitness
- ·Unit 14 Theory of Training horse
- ·Unit 18 Estates Skills and Grassland Management

For more information on these sixth form courses please speak to Ms Underwood or Mrs Roberts



LEWESTON CHEDINGTON RIDING ACADEMY



FEES

Livery (charged per week)

International Package	£295
Full Livery	£235
Loanee Horse Exclusive	£385
Part Livery	£193
Working Livery	£105

International Package Excludes: All Veterinary fees, travel, competition fees, lessons, insurance, shoeing and additional supplements.

Loanee horse: The pupil cares for their loan horse twice a day and is expected to ride at least four times a week. Additional charges are for lessons, competition fees and transport. Holiday livery is not charged.

Full Livery: The pupil is not responsible for the day-to-day care of their horse but is expected to ride it at least four times a week.

Part Livery: The pupil cares for their horse twice daily and is expected to ride it four times a week.

Working Livery: The pupil cares for their horse and can ride it three times a week, as a working livery the school will use the horse for up to five hours a week.

All horses on these livery packages will receive quality bedding, forage, feed, daily turnout and exercise, regular checks (including a late check) and experienced care. Use of the treadmill, solarium, wash boxes and washing machine is not charged.

On arrival all horses (except International) will have these additional charges:

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Wormer	£25
Stable start-up bedding	£35
Total	£60

International Horses arriving from overseas will be quarantined for two weeks. Additional charges will be a Veterinary check on arrival, worming and any transport expenses.

Additional charges

(Full, Part and Working livery)

All Veterinary fees (including routine vaccinations for

Equine Flu and EHV)

Shoeing Approx £140/per set
(at least every 6 weeks)

Poutine dental checks Approx £120

Routine dental checks Approx £120
Routine physio visits Approx £65
Wormers or faecal worm counts Approx £38

Supplements BYO

Transport mileage and staff

as required

Competition fees as required

(including competition stabling)

Saddlery + bitting checks as required

(and any necessary tack required)

Exercise (hacked) £25/hour
Exercise (schooled) £45/45 mins
Clipping and trimming £15-75
Tack cleaning £15/set
Grass holiday/rest turnout £35/week

Lorry/trailer parking at school £

£10/week

Fee Notes

If you wish your horse to be on livery during the term time, we ask you to commit to a whole term. Livery is charged termly in advance.

All veterinary and shoeing accounts must be settled half-termly.

Additional extras will be charged at the end of each term.

If you take your horse home during the holidays you will be required to pay a compulsory retainer for your stable of £12.50 (Christmas and Easter Holidays).

You can secure your stable for September by paying a one -off retainer of £50.

A month's notice is required if you wish to cancel or amend your livery arrangement.

A deposit of £400 is taken against fees not paid and is refundable at the end of your livery contract.



LEWESTON CHEDINGTON RIDING ACADEMY



Riding Lesson Fees

Unmounted stable and horse care groups	£10	1 hour
Wel-lbeing unmounted sessions 1:1	£35	30 mins
Riding lesson 1:1 all abilities	£40	30 mins
Riding lesson group all abilities	£35	45 mins
Training on own horse/pony 1:1	£35	30 mins
Training on own horse/pony group	£30	45 mins
Squad training (NSEA registered riders)	TBC	45 mins

Yard visits, lectures, talks and conferences are charged accordingly.

Squad training with discipline specific Coaches are charged accordingly.

Affiliation and Competition Fees

*Saddle Club Membership £15 /year

NSEA Affiliation Fee £20/annum

Competition entry Fees as required (recharged)

*All students who use the equestrian facilities will be automatically enrolled into the LCRA Saddle Club, this membership fee is used to buy equipment for the academy and support special events, academy competitions and fun days.

Out of respect to all our riders, and to govern the use of undesirable video footage students, parents and connections will not be allowed to video, film or photograph any riding lessons on-site at the Academy unless special permission is given. The misuse of filmed footage, either deliberate or not is an unwanted distraction at best and there is a need to safeguard all our community.

